

Mental Health Site Liaisons

Whatever you're going through, you're not alone. We are here to support you and to help connect you to the best resources to care for yourself or a loved one. Below is a list of your Montefiore psychiatry site liaisons.

You can also contact **Jamie Shoneman**, your HealthyME Employee Health & Well-Being Manager, at jshoneman@montefiore.org.

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If You Need Immediate Help

If you or someone near you is in danger, call **911**.

988 Suicide & Crisis Lifeline

Call or text **988**
Available 24/7 in over 200 languages

TTY users: dial 711 then 988

SUPPORTED
in accessing the care you need

To review all of your mental health resources visit HealthyMEBenefits.com.